

SEA KAYAKING



Come enjoy a day of sun and fun paddling along Maine's rocky, scenic coast. Maine's coast has a rich history and tradition that is best experienced from the water. Watch lobstermen setting traps, paddle among old shipwrecks, or enjoy a stop at one of Maine's many charming, uninhabited islands – truly jewels of the sea. Maine Kayak takes full advantage of sea kayaking locations that are both scenic and convenient vacation destinations for many Maine visitors such as Muscongus Bay, Penobscot Bay and Casco Bay. Sea kayaking Maine's coast with friends along side seals, ospreys, and loons makes life long memories.

HALF DAY

The half-day tours will begin with a brief introduction to sea kayaking, proper paddling form, and safety. We will spend four hours exploring secluded coves and sheltered bays along the rocky Maine coast. The half-day format is designed to give anyone the opportunity to learn how to kayak, enjoy the Maine coast and be outdoors and begins at 9:00 am at Maine Kayak's New Harbor Base for Muscongus and Johns Bay trips. Casco Bay and Penobscot Bay trips are also available.

FULL DAY

Full day tours begin with basic kayak techniques, similar to the half-day format. This trip is designed to teach proper boating skills while enjoying a day on the water. The morning and afternoon will be spent paddling around wild rock islands, tranquil harbors, and abundant wildlife estuaries, while taking a break for a real Maine lobster lunch. The full-day tour begins at 9:00 am at Maine Kayak's New Harbor Base for Muscongus and Johns Bay trips. Casco Bay and Penobscot Bay trips are also available.

NATURALIST PADDLES

Maine Kayak offers three specialized eco-tourism trips to provide you with an amazing outdoor experience. All trips meet at Maine Kayak's New Harbor Base.

Sunset Paddle - Enjoy a calm 2-hour evening paddle on the water, taking in the wondrous colors of the sky reflected in the ocean as the sun sets in the harbor.

Wildlife Paddle - Discover the incredible variety of birds, fish, and mammals present in the Gulf of Maine. A perfect combination of a calm relaxing paddle with exciting discoveries.

Paddle and Puffin - Upgrade any sea kayaking trip with a 1 1/2-hour evening boat cruise to Eastern Egg Island to discover the only remaining population of Puffins on the Maine coast.



OVERNIGHT TRIPS

Enjoy paddling the majestic Maine coastline with an added night spent under the stars on one of Maine's beautiful secluded coastal islands. All camping equipment (except personal sleeping gear) is provided and your guides' cater to your every need. Trips meet at 9:00 am at Maine Kayak's New Harbor Base and can be customized to the abilities and desires of the participants.

KAYAK RENTALS

Kayak rentals are offered from our New Harbor Base. We have a wide variety of rental kayaks available and your rental includes all necessary equipment (splash top, life jacket, etc), nautical charts and safety equipment, area information and kayak car carrier system and straps.

LAKE TOURING

Maine is home to an incredible array of picturesque ponds and lovely lakes. Maine Kayak takes full advantage of the extraordinary flatwater paddling opportunities provided by this beautiful state. We offer half and full day lake touring trips on two of Maine's prettiest and serene lakes – Lake Pemaquid and Biscay Pond. Trips on two of Maine's most popular lake regions – Moosehead Lake and Belgrade Lakes – are also available.

HALF DAY

The half-day trip will begin with an overview of basic skills and safety issues to ensure safe and proper boating form. We will be on the water learning and sight seeing for approximately four hours. The half-day will begin at 9:00 am at Maine Kayak's New Harbor Base. Call for meeting times and locations for Moosehead and Belgrade trips.

FULL DAY

In the morning, we will briefly cover proper paddling form and safety and rescue techniques while enjoying a relaxing paddle. In the afternoon, a full lake-side lunch will be enjoyed before heading back out onto the water, leisurely paddling along the scenic and serene Lake Pemaquid or Biscay Pond shoreline. The half-day is approximately 6 hours on the water and will begin at 9:00 am at Maine Kayak's New HarborBase. Call for meeting times and locations for Moosehead and Belgrade trips.



MAINE KAYAK

WHITEWATER KAYAKING



Maine Kayak offers specialized whitewater instruction with a course for every skill level and ability. We offer individualized teaching with ACA certified instructors and a low student to instructor ratio to address every student's personal goals and objectives. Maine Kayak provides top of the line kayaks, safety equipment and paddling gear to provide the optimum environment for student success.

BEGINNER I & II

These courses introduce basic flatwater skills and progress to class II-III whitewater paddling techniques throughout the course curriculum. Beginner I and II are offered as complimentary successive instructional forums to take students from novice boaters to advanced beginner class III paddlers.

- Beginner I introduces students to the art of kayaking and fundamental boating skills such as boat balance, proper paddling technique, safety, and basic paddling strokes.
- Beginner II builds on this basic skill foundation and progresses the students to more advanced whitewater techniques such as the Eskimo roll.

ADVANCED, INTERMEDIATE AND PRIVATE INSTRUCTION

Private, semi-private, intermediate and advanced instruction is offered for individuals who would like to intensively work on their paddling form and technique. Private, one-on-one, instruction can be reserved for any number of days (space available), is available for all skill levels, and is best for individuals who have specific skill goals in mind. Great for beginner boaters or paddlers whose skill level extends beyond our Intermediate Course. Intermediate and advanced instruction is designed for boaters who wish to take their paddling abilities to the next level, focusing on refining techniques and expanding rodeo and playboating skills.

YOUTH SAMPLER

This 1-2 day course is designed to introduce children and families to flatwater paddling. Enjoy beautiful scenery and spectacular wildlife while paddling with family and friends on one of Maine's most pristine and scenic rivers.



www.maineKayak.com

Toll Free 1-866-624-6352

THE WAY PADDLING SHOULD BE

WELCOME TO MAINE KAYAK!

Maine Kayak is based in the pristine wilderness of Maine on several scenic rivers, serene lakes, and the gorgeous Maine coast. We believe getting people outdoors helps the body and soul. Participation in outdoor activities allows people to commune with nature and relax and recharge in a serene environment. Kayaking provides an environment for physical strengthening and mental relaxation. We draw on over 16 years of paddling experience in providing you with a personalized experiential learning adventure. Individualized attention, comfort and safety are addressed by providing a low student to guide ratio. Add state of the art equipment with competent certified instructors and you have ...

The Way Paddling Should Be!

WE PROVIDE

- Lake Touring, Sea Kayaking, & Whitewater Instruction
- Half-day to Multi-day Trips
- Kayak Rentals
- State of the Art Kayaks, Gear, & Equipment
- Transportation & Shuttle
- Fully Certified ACA Instructors & Registered Maine Guides
- Camping, Lodging, & Meals Packages Available
- Skill Building in a Fun, Relaxed Atmosphere
- Personalized Instruction & Individualized Attention
- Private Instruction Available

VACATION PACKAGES

Let Maine Kayak plan your entire Maine kayaking vacation. We offer the greatest selection of camping and lodging packages for kayaking trips in Maine – everything from luxurious bed and breakfast accommodations to multi-day overnight sea kayaking trips camping under the stars on the islands of the Maine Island Trail. Call us today and start planning the vacation of a lifetime.



MAINE KAYAK

Base: 113 Huddle Rd, New Harbor, ME 04554

Office: PO Box 674, Unity, ME 04988

TOLL FREE: 1-866-624-6352

email: info@mainekayak.com

www.mainekayak.com



MAINE KAYAK

THE WAY

PADDLING

SHOULD BE



SEA AND LAKE KAYAKING



WHITewater INSTRUCTION



DIRECTIONS TO OUR MOST POPULAR LOCATIONS



New Harbor Base: I-95 to I-295 North in Portland (South through Augusta) to Brunswick Exit 28 (formerly Exit 22). Follow Rt 1 North through Wiscasset to Damariscotta. Take Business Rt 1 into downtown Damariscotta. Follow Rt 130 South through Bristol to New Harbor. Turn right onto Huddle Road. Maine Kayak's base will be approximately 1 mile on your right.

Penobscot River Base - Big Moose Inn: I-95 (I-295 Portland to Augusta) to Millinocket Exit 244 (formerly Exit 56). Take Rt 11/157 into Millinocket. Follow signs to Baxter State Park. Eight miles past Millinocket, The Big Moose Inn - Northwood Trading Post will be on your right.

Kennebec River Base - Gadabout Gaddis Airport: I-95 (I-295 Portland to Augusta) to Skowhegan Exit 133 (formerly Exit 36). Take Rt 201 North to Skowhegan through Solon and into Bingham. Gadabout Gaddis Airport/North Country Rivers base will be on the left on Rt 201.



TOLL FREE: 1-866-624-6352

www.mainekayak.com